



WCWI's 31<sup>st</sup> Annual Employee Wellbeing Conference

## Restore Yourself. Reframe Wellbeing.

*Empowering you with people-centered leadership skills.*

September 21, 2021 | Green Lake Conference Center

As we emerge from experiences that have shaped us through challenge and change, a connection to our own wellbeing is more important than ever. A pause for restoration will support us as we grow as leaders, strategists, and change-makers. Through intentional restoration, we'll seize moments of reflection, clarity, and action to reframe wellbeing for ourselves and our organizations.

This one-day in-person retreat is your opportunity to pause and restore yourself. Together, with WCWI as your guide, we'll begin the journey of reframing wellbeing for long-lasting organizational outcomes. We'll explore WCWI's Competencies – focusing on key skills for wellbeing strategists and people leaders – and empowering you in your people-centered leadership growth to uphold wellbeing as a foundational strategy at your organization. We are excited to present an immersive retreat for the WCWI community to gather in connection and learning in a way that we've never done before.

Tuesday, September 21, 2021	
6:00 AM	Restorative Enrichment Activities
7:00 AM	Breakfast   Registration
7:45 AM	Welcome   Opening Remarks
8:00 AM	<b>Discover the Core of Your Confidence: Pause</b> <i>Shawn Gulyas, The Thought Catalyst with humanworks &amp; WCWI Expert Contributor</i>
8:15 AM	Keynote Workshop Competency: Empowered & Equipped <b>Reframing Wellbeing through a Culture Where Everyone Matters</b> <i>Zach Mercurio, PhD, Author &amp; Purposeful Leadership, Meaningful Work, &amp; Positive Organizations Researcher</i>
9:30 AM	Snack   Restorative Enrichment Activities
10:10 AM	Keynote Workshop Competency: Leading <b>Leading Wellbeing through Effective Communication</b> <i>Denise Thomas, The Effective Communication Coach</i>
11:25 AM	Lunch   Restorative Enrichment Activities
12:15 PM	<b>Discover the Core of Your Confidence: Reflect</b> <i>Shawn Gulyas, The Thought Catalyst with humanworks &amp; WCWI Expert Contributor</i>
12:55 PM	Keynote Workshop Competency: Advocating <b>Advocating for Empathy to Create a Culture of Care</b> <i>Liesel Mertes, Workplace Empathy Consultant &amp; Founder at Handle with Care Consulting</i>
2:10 PM	Snack   Restorative Enrichment Activities
2:50 PM	Keynote Workshop Competency: Uniting & Connecting <b>Developing your Art &amp; Heart for Connection &amp; Influence</b> <i>Sarah Fecht, Owner of Best Self Leadership</i>
4:15 PM	<b>Discover the Core of Your Confidence: Act</b> <i>Shawn Gulyas, The Thought Catalyst with humanworks &amp; WCWI Expert Contributor</i>
4:30 PM	WCWI Closing Remarks
4:45 PM	Adjourn