



## Wellness Council of Wisconsin Partner of Support Profile



Sensia Healthcare Wellness Consultants, Mary Kelly, RD, and Kathleen Peterson, RN, discuss a client's worksite wellness strategic plan.

**Company:** Sensia Healthcare

**Website:** [www.sensiahealthcare.com](http://www.sensiahealthcare.com)

**Number of employees:** 50+

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Sensia Healthcare is a leading provider of Preventive and Occupational Medicine services to employers in southeastern Wisconsin. Sensia is a proponent of integrating Worksite Wellness and Health Promotion services with employers' efforts to proactively manage their worker's compensation related medical costs.

Sensia's focus is on helping employers create a wellness oriented culture, educating employees about the role of lifestyle in their health risk profile, and helping individuals recognize the need to accept responsibility for their own health status.

Sensia's Worksite Wellness and Health Promotion services include:

- Health Risk Assessments
- Tobacco Cessation
- Personal Wellness Plans
- Personal Activity Programs
- Wellness Consultants & Health Coaches
- Weight & Personal Nutrition Management
- Diabetes Awareness
- Stress Management Programs

Sensia's Preventive Medicine staff consist of Physicians, Physician Assistants, Nurses, Registered Dietician, and ancillary support staff. Sensia is also a joint venture with Wheaton Franciscan Healthcare.

Sensia Healthcare is a 2008 Platinum Sponsor of the Wisconsin Wellness Council, and is a charter member of Milwaukee's "Well City" initiative.